EVANGELISCHE STIFTUNG ALSTERDORF:

The 6th movement island was opened at ESA

The 6th inclusive exercise island, created by our partner playfit GmbH, was opened in a prominent location directly on the ESA market square on 25 June 2025. Numerous people from the facilities, carers and interested parties from politics, business and sport were in attendance.

Thilo von Trott, CEO of ESA, and Jonas Leder, Director of the State Sports Office, praised the project.

words and were impressed by the facility, which is centrally located but also surrounded by greenery and has wheelchair-accessible grounds. The event was superbly organised by Katharina Pohle and Tina Göpfert from ESA's Inclusion and Sport department. It was a celebration with many residents who live around the facility, carers and clubs. A modern boccia area has been created right next to the exercise island. The equipment was immediately taken up by numerous interested people and people with disabilities. It was a cheerful and enthusiastic atmosphere. Hans Jürgen Schulke presented the inclusion team with an exercise bag filled with numerous small pieces of equipment that will supplement the training on the equipment.



















- 4 Ulrike Kloiber, Hans Jürgen Schulke and Stefani Burmeister
- 5 Great interest in the shoulder trainer
- 6 Every piece of equipment is tried out
- 7 Full concentration during the exercise
- From left to right Thorsten Meinberg, Jonas Leder, HJ Schulke
- 9 The cross trainer is explained

IBI Newsletter

#2627.06.2025

Exercise in the fresh air, what could be better?

OUR IBIS ON SITE ON THE MOVE EVERYWHERE

"We regularly use the Inclusive Movement Island (IBI) on our running track." Diana Otto, EWS Harburg

























